

Order of EVENTS

March Past

Oath Taking

Lighting of The Torch

Athletic Events

- 8 X 50 JHS Relay
- 100m Junior Section
- 200m Senior Section
- 4 X 100 m Junior Section
- Increasing Distance Relay

SAADHYA (IV-VI)

"The Essence of Yoga"

VIVACIOUS (VII-XI)

"Indian Women in Sports"

Prize Distribution

Chief Guest's Address

National Anthem

CREDITS

Sports Captain: **Aanya Kalani**
Sports Co-ordinator: **Keya Chaudhury**

Director of Sports

Mrs. Alka Saini Dahiya

Director and Choreographer

Mr. Umashanker Khilnani
&
Team Umashanker Dance Safari

Compéres

Faeza Yousuf
Prisha singh
Vama Garg

Brochure

Kashish Agarwal
Dione Katara

Special Thanks

Mr. Sajjan Singh Dhiwan
The Sports Department



MAYO COLLEGE GIRLS' SCHOOL

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ANNUAL SPORTS DAY

7th NOVEMBER, 2023
TUESDAY, 7:00 PM
H.L. DUTT PAVILLION

PRIZE GIVING 2023

CHIEF GUEST



Ms. Mithali Raj

Padma Shri Awardee

Born in the city of Jodhpur, in Rajasthan, Mithali Dorai Raj is an Indian cricketer and former Captain of the Women's National Cricket Team (both Test and ODI). She grew up in Hyderabad and learned the basics of cricket alongside her brother.

During the initial days of her career, she played for the Indian Railways and later played with players like Anjum Chopra, Purnima Rau and Anju Jain.

Known as the "Sachin Tendulkar of Indian Women's Cricket" she became the second woman player in the world and the first from India to make 10,000 international runs.

Mithali Raj, who made her debut in June 1999 against Ireland, is the only female cricketer to score more than 7,000 runs in Women's One Day International matches and has played all three cricket formats for India: Test, One Day and T20.

Raj is the first woman to complete 20 years in the International Cricket Format. When she was 19, she broke the record of the world's highest Individual Test Score of 209 by scoring 214 runs in August 2002. On June 8, 2022, Mithali announced her retirement from all formats of international cricket.

Mithali Raj is the recipient of the Arjuna Award, Padma Shri, Youth Sports Icon of Excellence Award, Vogue Sportsperson of the Year, BBC 100 Women Award and Wisden Leading Woman Cricketer in the World Award.

Sports have a unique way of empowering an individual through character development. We at Mayo College Girls' School believe and abide by this maxim, shattering the dogma that feminine athleticism is inferior and passive. The consistency in practice during the dawn and dusk hours cultivate a routine that lays firm footing for young athletes. Our alumni like Divyakriti Singh, Parinaaz Dhaliwal, Aadya Tayal and Maheshwari Chauhan have not only upheld this athletic spirit but also led the school and country to glory in International Games by staying true to their foundation. The diversity of sports offered here train the mind and harmonise the muscle, which culminates into a symphony of movement and discipline that one witnesses in the mass drill displayed by the students.

This year the drill was intricately choreographed by Umashanker Dance Safari offering a profound experience that celebrated the vibrancy of art forms. The team, with their efforts, have brought together a medley of artistic expressions, capturing the essence of tradition and innovation. Umashanker Khilnani's contribution to the Annual Sports Day, 2023 underscores the significance of sports and nurtures a sense of fostering a deeper understanding of sportsmanship, companionship and team spirit.



about THE DRILL

TORCH BEARERS

Aanya Kalani | **Sports Captain, Basketball**

Keya Choudhury | **Sports Co-ordinator**

Anandita Kumari | **Football**

Mahek Agarwal | **Athletics**

Manya Agarwal | **Gymnastics**

Kaashvi Choukhany | **Skating**

Mumal Kanwar | **Golf**

Ashvi Nahata | **Cricket**

Suditi Mehta | **Yoga**

Tuhina Singh Puri | **Horse Riding**

Mannat Yadav | **Hockey**

Devyanshi Jain | **Table Tennis**

Devaanshi Singhal | **Lawn Tennis**

Shruti Singh | **Swimming**

Bhoomi Heda | **Squash**

Siddhangana Kumari | **Badminton**

Adab Kaur Sidhu | **Shooting**